

The Best Spas in Scottsdale — A Spa Day from The Rally House

Five spas within twenty minutes of the front door, what to book at each, real prices, turn-by-turn directions, and an hour-by-hour plan for the day.

Well & Being Spa at Fairmont Princess

The full-day resort spa — 44,000 sq ft, rooftop pool · 8.5 mi / 15 min from the house · \$\$\$

The biggest, most complete spa day in Scottsdale. Book any 50-minute service and you get the whole campus: eucalyptus steam, cedar sauna, cold plunge, hydrotherapy waters, and the adults-only rooftop pool with cabanas. This is the one to pick if you want to arrive at 10am and leave at 5pm.

Best for	A true full-day spa, 2–8 people
Typical spend	\$230–\$390 per person
Day pass	Included with a 50-min+ treatment
Book ahead	2–3 weeks; 4+ for weekends
Don't miss	Rooftop pool after your massage
Address	7575 E Princess Dr, Scottsdale, AZ 85255

Directions from 14241 N 54th St

1. Head north on N 56th St to E Bell Rd.
2. West on Bell Rd, then north on N Scottsdale Rd.
3. Right on E Princess Dr and follow resort signs to the spa entrance.
4. Self-park free at the spa lot, or valet at the main porte-cochère.

Good to know

Timing: Arrive 45 minutes early — the waters are the point, not the extra.
Groups: Groups of 6+ should call the spa directly; online booking splits you up.
Add-on: Book lunch poolside so you never change out of the robe.

Joya Spa at Omni Montelucia

Moroccan riad, hammam ritual, Camelback views · 9.8 mi / 18 min from the house · \$\$\$

The prettiest spa in the valley and the one guests photograph most. Carved cedar, lanterns, a rooftop terrace staring straight at Camelback. The signature Moroccan hammam ritual — steam, black soap, exfoliation, oil — is worth the drive on its own.

Best for	Couples and a two-person splurge
Typical spend	\$260–\$420 per person
Signature	Moroccan Hammam Ritual (80 min)
Book ahead	3 weeks; hammam rooms are limited
Don't miss	Rooftop lounge and the Ascension Room

Address	4949 E Lincoln Dr, Paradise Valley, AZ 85253
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Directions from 14241 N 54th St

1. South on N 56th St to E Shea Blvd.
2. West on Shea, then south on N Tatum Blvd.
3. West on E Lincoln Dr to the Montelucia entrance.
4. Valet and tell them Joya Spa — spa valet is validated.

Good to know

Timing: Book late afternoon so you finish at golden hour on the roof.

Dress: Bring a swimsuit for the plunge pools and rooftop.

Pair with: Dinner at Prado in the same courtyard.

Sanctuary Spa at Camelback

Asian-inspired, tucked into the mountain's north slope · 8.2 mi / 16 min from the house · \$\$\$

The connoisseur's pick: 12 treatment casitas on the flank of Camelback, an Asian-inspired meditation garden, and the valley's only true Watsu pool. Very quiet, very adult, no waterslide energy anywhere near it.

Best for	Serious quiet; solo or two people
Typical spend	\$250–\$400 per person
Signature	Watsu warm-water bodywork
Book ahead	2–3 weeks; Watsu sells out first
Don't miss	Sunset at Jade Bar after your treatment
Address	5700 E McDonald Dr, Paradise Valley, AZ 85253

Directions from 14241 N 54th St

1. South on N 56th St, then west on E Shea Blvd.
2. South on N Tatum Blvd to E McDonald Dr.
3. East on McDonald to the Sanctuary gate on the north side.
4. Valet at the main arrival; the spa is a short walk down.

Good to know

Timing: Ask for a casita treatment, not an interior room.

Vibe: Adults only and phone-free — expect near silence.

Pair with: Elements for lunch on the same terrace.

Alvadora Spa at Royal Palms

Mediterranean courtyards, herbal and citrus rituals · 11.4 mi / 20 min from the house · \$\$

A 1929 estate turned Mediterranean spa — stone courtyards, citrus trees, fountains, and treatments built around lavender, rosemary, and olive. The most romantic spa in the valley and noticeably kinder on the bill than the Camelback resorts.

Best for	Couples; best value at the high end
Typical spend	\$180–\$300 per person
Signature	Aromatic herbal wrap in an outdoor room
Book ahead	1–2 weeks

Don't miss	A drink in the Mix Up Bar afterward
Address	5200 E Camelback Rd, Phoenix, AZ 85018

Directions from 14241 N 54th St

1. South on N 56th St all the way to E Camelback Rd.
2. West on Camelback about a mile.
3. Royal Palms is on the south side; enter under the palm drive.
4. Complimentary valet — spa guests are validated.

Good to know

Timing: Request an outdoor treatment room, weather permitting.

Value: Weekday mornings are the cheapest window here.

Pair with: T. Cook's for dinner — same property, no driving.

The Spa at Mountain Shadows

Modern, mid-century, closest to the house · 7.6 mi / 14 min from the house · \$\$

The efficient one. Clean mid-century design, a compact but excellent treatment menu, and the shortest drive of the five. Perfect for a half-day: 10am massage, rooftop pool, lunch at Hearth '61, home by 3.

Best for	Half-day spa without losing the day
Typical spend	\$170–\$280 per person
Signature	Desert Stone massage
Book ahead	1 week is usually enough
Don't miss	Rooftop pool and the mountain view deck
Address	5445 E Lincoln Dr, Paradise Valley, AZ 85253

Directions from 14241 N 54th St

1. South on N 56th St to E Lincoln Dr.
2. West on Lincoln about a mile and a half.
3. Mountain Shadows entrance is on the north side.
4. Valet or self-park in the main garage.

Good to know

Timing: Easiest same-week booking of the five.

Groups: Great for 4 people who want to be back at the house by afternoon.

Pair with: 9 holes on the Short Course next door.

The spa day, hour by hour

8:30 am	Slow start at the house Coffee on the patio, light breakfast. Don't eat heavy — you're about to lie face-down for 80 minutes.
9:15 am	Drive out Every spa on this list is 14–20 minutes from the front door. Leave 45 minutes before your appointment.
10:00 am	Check in and use the waters first Steam, sauna, cold plunge, then relaxation room. The facility is half of what you paid for.

11:30 am	Treatment 80-minute massage or the signature ritual. Book the longer version — the 50 rushes.
1:00 pm	Spa lunch in the robe Every one of these five serves poolside or spa-cafe lunch. Stay in the robe.
2:00 pm	Pool or garden Rooftop pool at Well & Being or Mountain Shadows; meditation garden at Sanctuary.
4:00 pm	Golden-hour drink Jade Bar, the Joya rooftop, or the Mix Up Bar — all on-property, no second drive.
6:00 pm	Back to the house Firepit, quiet dinner in, early night. This is the day you don't schedule anything after.

Before you book

Book the treatment, get the facility: Almost no Scottsdale resort spa sells a standalone day pass. A 50-minute service is the cheapest key to the waters and pools.

Gratuities are usually not included: Budget 20% on top of the menu price; some resorts add an automatic service charge — ask when you book.

Summer is half price: June through September, the same treatments run 30–50% less. The pools are still cold and the buildings are cold.

Arrive 45 minutes early: Late arrivals lose treatment time, not spa time. This is the single most common mistake.

Weekday mornings win: Monday–Thursday before noon is the quietest and cheapest window at all five.

The Rally House · 14241 N 54th St, Scottsdale, AZ 85254 · therallyhousescottsdale.com